

Diagram illustrating the layout of a sheet of material, showing dimensions and fold lines. The sheet is 500mm long and 352mm wide. The layout includes a HEAD section at the top, followed by a series of FOLD lines, and a 500mm dimension at the bottom.

Diagram of a 392mm long, 10mm wide strip. The strip is divided into 9 equal sections. The top section is labeled 'HEAD' and the bottom section is labeled 'FOOT'. The 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th sections are each labeled 'FOLD'.